# Population health profile of the

# **Hunter Rural**

# Division of General Practice: supplement

Population Profile Series: No. 17a

**DOING** 

March 2007







### Copyright

### © Commonwealth of Australia 2007

This work may be reproduced and used subject to acknowledgement of the source of any material so reproduced.

### National Library of Australia Cataloguing in Publication entry

Population health profile of the Hunter Rural Division of General Practice: supplement.

Bibliography. ISBN 9780730896166 (web).

1. Public health - New South Wales - Hunter River Region - Statistics. 2. Health status indicators - New South Wales - Hunter River Region - Statistics. 3. Health service areas - New South Wales - Hunter River Region. 4. Hunter River Region (N.S.W.) - Statistics, Medical. I. Public Health Information Development Unit (Australia). (Series: Population profile series; no. 17a).

362.1099442

ISSN 1833-0452 Population Profile Series

# Public Health Information Development Unit, The University of Adelaide A Collaborating Unit of the Australian Institute of Health and Welfare

This profile was produced by PHIDU, the Public Health Information Development Unit at The University of Adelaide, South Australia. The work was funded under a grant from the Australian Government Department of Health and Ageing. The views expressed in this profile are solely those of the authors and should not be attributed to the Department of Health and Ageing or the Minister for Health and Ageing.

Interpretation of differences between data in this profile and similar data from other sources needs to be undertaken with care, as such differences may be due to the use of different methodology to produce the data.

### Suggested citation:

PHIDU. (2007) Population health profile of the Hunter Rural Division of General Practice: supplement. Population Profile Series: No. 17a. Public Health Information Development Unit (PHIDU), Adelaide.

Enquiries about or comments on this publication should be addressed to:

PHIDU, The University of Adelaide, South Australia 5005

Phone: 08-8303 6236 or e-mail: PHIDU@publichealth.gov.au

This publication, the maps and supporting data, together with other publications on population health, are available from the PHIDU website (<a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>).

Published by Public Health Information Development Unit, The University of Adelaide

Contributors: Anthea Page, Sarah Ambrose, Kristin Leahy and John Glover

# Population health profile of the Hunter Rural Division of General Practice: supplement

This profile is a supplement to the *Population health profile of the Hunter Rural Division of General Practice*, dated November 2005, available from <a href="www.publichealth.gov.au">www.publichealth.gov.au</a>. This supplement includes an update of the population of the Hunter Rural Division of General Practice, as well as additional indicators and aspects of the Division's socioeconomic status, use of GP services and health. The contents are:

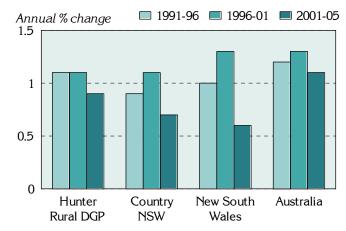
- Population [updated to June 2005]
- Additional socio-demographic indicators
- Unreferred attendances patient flow/ GP catchment
- Additional prevalence estimates: chronic diseases and risk factors combined
- Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions
- Avoidable mortality

For further information on the way Division totals in this report have been estimated, please refer to the 'Notes on the data' section of the *Population health profile*, November 2005 (www.publichealth.gov.au).

### Population

The Hunter Rural Division had an Estimated Resident Population of 207,891 at 30 June 2005.

Figure 1: Annual population change, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1991 to 1996, 1996 to 2001 and 2001 to 2005



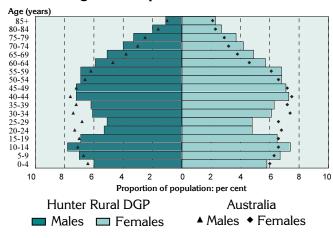
Over the five years from 1991 to 1996, the Division's population increased by 1.1% on average each year, slightly above the rate in country New South Wales (0.9%) and New South Wales (1.0%). From 1996 to 2001, the annual percentage increase in the Division (1.1%) was equal to that in country New South Wales, but below that in New South Wales (1.3%). The growth rate of 0.9% per year from 2001 to 2005 was higher than for both country New South Wales (0.7%) and New South Wales (0.6%).

Table 1: Population by age, Hunter Rural DGP and Australia, 2005

Age group (years)	Hunter Rural DGP		Austral	ia
	No.	%	No.	%
0-14	42,306	20.3	3,978,221	19.6
15-24	24,403	11.7	2,819,834	13.9
25-44	51,102	24.6	5,878,107	28.9
45-64	55,463	26.7	4,984,446	24.5
65-74	18,857	9.1	1,398,831	6.9
75-84	12,165	5.9	954,143	4.7
85+	3,596	1.7	315,027	1.5
Total	207,891	100.0	20,328,609	100.0

As shown in the accompanying table and the age-sex pyramid below (Figure 2), Hunter Rural DGP had a lower proportion of the population aged 15 to 24 years (11.7%) and 25 to 44 years (24.6%) compared to Australia as a whole (13.9% and 28.9%) (Table 1). Conversely, the 45 years and over age groups had higher (in some cases markedly higher) proportions compared to Australia.

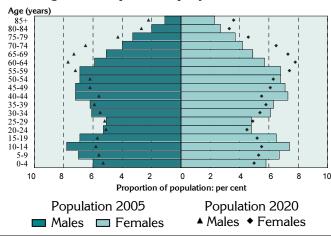
Figure 2: Population in Hunter Rural DGP and Australia, by age and sex, 2005



The most notable differences in the age distribution of the Division's population (when compared to Australia overall) are:

- at younger ages a lower proportion of children aged 0 to 4 years, and higher proportions of children aged 5 to 14 years;
- from 20 to 39 years markedly lower proportions of both males and females, suggesting outward migration for employment or education opportunities; and
- at older ages higher proportions of both males and females, giving a typical profile of an area in which people live on retirement.

Figure 3: Population projections for Hunter Rural DGP, by age and sex, 2005 and 2020



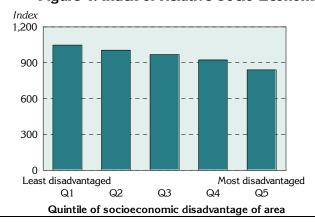
The population projections for the Division show a number of changes in age distribution, with the 2020 population projected to have:

- at younger ages much lower proportions of males and females aged 0 to 24 years;
- from 30 to 54 years lower proportions of both males and females; and
- from 55 years onwards higher proportions of males and females (most pronounced at ages 60 to 74 years and 85+ years).

## Additional socio-demographic indicators

Please refer to the earlier *Population health profile of the Hunter Rural Division of General Practice*, dated November 2005, available from <a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>, for other socio-demographic indicators.

Figure 4: Index of Relative Socio-Economic Disadvantage, Hunter Rural DGP, 2001



One of four socioeconomic indexes for areas produced at the 2001 ABS Census is the Index of Relative Socio-Economic Disadvantage.

The Hunter Rural DGP has an index score of 957, below the score for Australia of 1000: this score varies across the Division, from a score of 840 in the most disadvantaged areas to 1048 in the least disadvantaged areas.

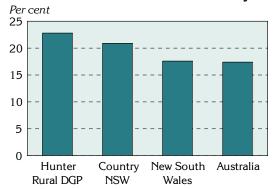
Note: each 'quintile' comprises approximately 20% of the population of the Division.

A new indicator, produced for the first time at the 2001 ABS Census, shows the number of jobless families with children under 15 years of age. There were proportionately more jobless families in Hunter Rural DGP (22.8%) than in country New South Wales (20.9%) and Australia (17.4%) (Figure 5, Table 2).

With the introduction of the 30% rebate for private health insurance premiums, there was a once-off registration process, providing information of the postcode and residence of those who had such insurance (these data are not available at this area level for later dates). In 2001, the Division had a lower proportion of the population with private health insurance (40.8%), compared to country New South Wales (44.9%) (Figure 5, Table 2).

Figure 5: Socio-demographic indicators, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 2001

### Jobless families with children under 15 years old



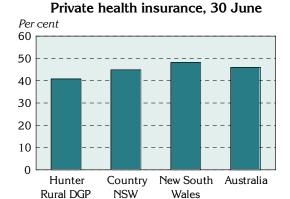
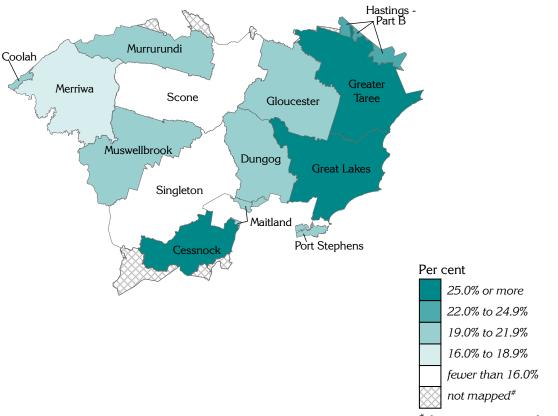


Table 2: Socio-demographic indicators, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 2001

Indicator	Hunter Rural DGP		Country	Country NSW		New South Wales		Australia	
	No.	%	No.	%	No.	%	No.	%	
Jobless families with children under 15 years old	4,902	22.8	54,883	20.9	121,409	17.6	357,563	17.4	
Private health insurance (30 June)	78,898	40.8	1,061,580	44.9	3,062,382	48.2	8,671,106	46.0	

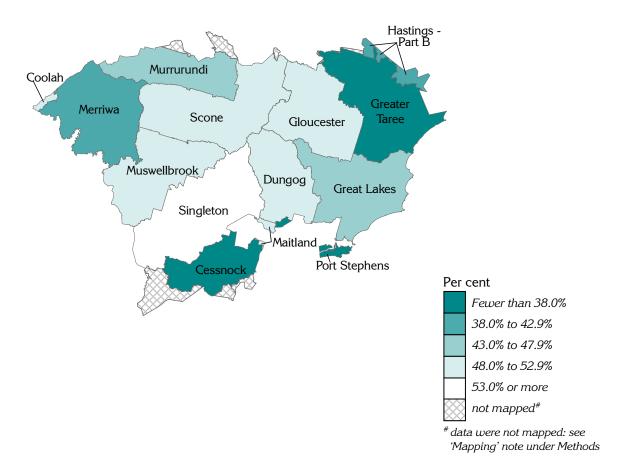
Details of the distribution of jobless families and of the population covered by private health insurance are shown by Statistical Local Area (SLA) in Maps 1 and 2, respectively.

Map 1: Jobless families with children under 15 years of age by SLA, Hunter Rural DGP, 2001



<sup>#</sup> data were not mapped: see 'Mapping' note under Methods

Map 2: People covered by private health insurance by SLA, Hunter Rural DGP, 30 June 2001



### GP services to residents of the Hunter Rural DGP

The following tables include information, purchased from Medicare Australia, of the movement of patients and GPs between Divisions. Note that the data only include unreferred attendances recorded under Medicare: unreferred attendances not included are those for which the cost is met by the Department of Veterans' Affairs or a compensation scheme; or are provided by salaried medical officers in hospitals, community health services or Aboriginal Medical Services, and which are not billed to Medicare. At any attendance, one or more services may have been provided.

More than four fifths (86.5%) of all unreferred attendances to residents of Hunter Rural DGP were provided in the Division (ie. by a GP with a provider number in the Division): this represented 770,449 GP unreferred attendances (Table 3). A further 6.5% of unreferred attendances to residents were provided by GPs with a provider number in Hunter Urban DGP, with 0.8% provided by GPs in Hastings Macleay DGP.

Table 3: Patient flow – People living<sup>1</sup> in Hunter Rural DGP by Division where attendance occurred<sup>2</sup>, 2003/04

Division		Unreferred at	ttendances
Number	Name	No.	% <sup>3</sup>
218	Hunter Rural DGP	770,449	86.5
217	Hunter Urban DGP	58,326	6.5
223	Hastings Macleay DGP	6,968	0.8
219	Central Coast DGP	4,576	0.5
206	Western Sydney DGP (now WentWest & part Hawkesbury-Hills)	4,208	0.5
236	North West Slopes DGP	4,169	0.5
212	Hornsby Ku-ring-gai Ryde DGP	3,298	0.4
201	Central Sydney DGP	2,957	0.3
202	Eastern Sydney DGP	2,664	0.3
213	Manly Warringah DGP	1,968	0.2
Other	"	31,070	3.5
Total		890,653	100.0

<sup>&</sup>lt;sup>1</sup> Based on address in Medicare records

The majority (91.7%) of unreferred attendances provided by GPs with a provider number in Hunter Rural DGP were also to people living in the Division (ie. their Medicare address was in the Division) (Table 4). A further 4.3% of unreferred attendances by GPs in the Division were to people living in Hunter Urban DGP, with 0.6% to residents of Hastings Macleay DGP.

Table 4: GP catchment – Unreferred attendances provided by GPs<sup>1</sup> in Hunter Rural DGP by Division of patient address<sup>2</sup>, 2003/04

Division		Unreferred a	ttendances
Number	Name	No.	% <sup>3</sup>
218	Hunter Rural DGP	770,449	91.7
217	Hunter Urban DGP	36,220	4.3
223	Hastings Macleay DGP	4,974	0.6
219	Central Coast DGP	2,532	0.3
206	Western Sydney DGP (now WentWest & part Hawkesbury-Hills)	1,645	0.2
212	Hornsby Ku-ring-gai Ryde DGP	1,533	0.2
Other		22,597	2.7
Total		839,950	100.0

<sup>&</sup>lt;sup>1</sup> Division of GP based on provider number

<sup>&</sup>lt;sup>2</sup> Division of GP based on provider number

<sup>&</sup>lt;sup>3</sup> Proportion of all unreferred attendances of patients with an address in Division 218 by Division in which attendance occurred

<sup>&</sup>lt;sup>2</sup> Based on address in Medicare records

<sup>&</sup>lt;sup>3</sup> Proportion of all unreferred attendances to GPs with a provider number in Division 218 by Division of patient address

# Additional prevalence estimates: chronic diseases and risk factors combined

Please refer to the earlier *Population health profile of the Hunter Rural Division of General Practice*, dated November 2005, available from <a href="www.publichealth.gov.au">www.publichealth.gov.au</a>, for the separate prevalence estimates of chronic disease; measures of self-reported health and risk factors. The process by which the estimates have been made, and details of their limitations, are also described in the 'Notes on the data' section of this earlier profile.

In this section two estimates, which combine the prevalence of selected chronic diseases with a risk factor, are shown for the Division. The measures are of people who *had asthma and were smokers*, and people who *had type 2 diabetes and were overweight or obese*: note that the estimates have been predicted from self-reported data, and are not based on clinical records or physical measures.

It is estimated that there were relatively more people in Hunter Rural DGP who had asthma and were smokers, compared to country New South Wales and Australia as a whole (Figure 6, Table 5): that is, the prevalence rates per 1,000 population were higher. The rates in Hunter Rural DGP of people who had type 2 diabetes and were overweight or obese were consistent with those for country New South Wales and Australia.

Figure 6: Estimates of selected chronic diseases and risk factors, Hunter Rural DGP, country New South Wales and Australia, 2001



Table 5: Estimates of selected chronic diseases and risk factors, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 2001

Variable	Hunter Rural DGP		Country	Country NSW		New South Wales		Australia	
_	No. <sup>1</sup>	Rate <sup>2</sup>	No. <sup>1</sup>	Rate <sup>2</sup>	No. <sup>1</sup>	Rate <sup>2</sup>	No. <sup>1</sup>	Rate <sup>1</sup>	
Had asthma and smoked <sup>3</sup>	4,638	26.8	54,344	24.7	126,542	19.7	397,734	20.8	
Had type 2 diabetes & were overweight/ obese 4	3,476	15.5	40,784	15.5	100,235	15.7	283,176	15.2	

<sup>&</sup>lt;sup>1</sup> No. is a weighted estimate of the number of people in Hunter Rural DGP reporting these chronic conditions/ with these risk factors and is derived from synthetic predictions from the 2001 NHS

<sup>&</sup>lt;sup>2</sup> Rate is the indirectly age-standardised rate per 1,000 population

<sup>&</sup>lt;sup>3</sup> Population aged 18 years and over

<sup>&</sup>lt;sup>4</sup> Population aged 15 years and over

# Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions

The rationale underlying the concept of avoidable hospitalisations is that timely and effective care of certain conditions, delivered in a primary care setting, can reduce the risk of hospitalisation. Admissions to hospital for these ambulatory care sensitive (ACS) conditions can be avoided in three ways. Firstly, for conditions that are usually preventable through immunisation or nutritional intervention, disease can be prevented almost entirely. Secondly, diseases or conditions that can lead to rapid onset problems, such as dehydration and gastroenteritis, can be treated. Thirdly, chronic conditions, such as congestive heart failure, can be managed to prevent or reduce the severity of acute flare-ups to avoid hospitalisation.

This measure does not include other aspects of avoidable morbidity, namely potentially preventable hospitalisations (hospitalisations resulting from diseases preventable through population based health promotion strategies, e.g. alcohol-related conditions; and most cases of lung cancer) and hospitalisations avoidable through injury prevention (e.g. road traffic accidents).

For information on the ambulatory care sensitive conditions and ICD codes included in the analysis in this section, please refer to the *Atlas of Avoidable Hospitalisations in Australia: ambulatory care-sensitive conditions*, available from <a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>.

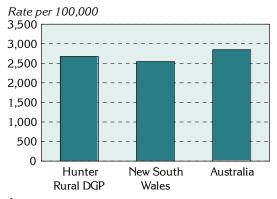
In 2001 to 2002, the 5,922 admissions for ambulatory care sensitive (ACS) conditions accounted for 9.5% of all admissions in the Hunter Rural DGP (Table 6, Figure 7), notably above the levels for both New South Wales (8.6%) and Australia (8.7%).

Table 6: Avoidable<sup>1</sup> and unavoidable hospitalisations, Hunter Rural DGP, New South Wales, and Australia, 2001/02

Category	Hunter Rural DGP			New	South Wale	es	Australia			
	No.	Rate <sup>2</sup>	%	No.	Rate <sup>2</sup>	%	No.	Rate <sup>2</sup>	%	
Avoidable <sup>1</sup>	5,922	2,675.8	9.5	170,066	2,543.8	8.6	552,786	2,847.5	8.7	
Unavoidable	56,641	26,764.2	90.5	1,810,901	27,255.3	91.4	5,818,199	29,970.7	91.3	
Total	62,563	29,445.5	100.0	1,980,967	29,798.8	100.0	6,370,985	32,818.2	100.0	

<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions

Figure 7: Avoidable hospitalisations<sup>1</sup>, Hunter Rural DGP, New South Wales and Australia, 2001/02



The rate of avoidable hospitalisations in Hunter Rural DGP, of 2,675.8 admissions per 100,000 population, is higher compared to New South Wales (a rate of 2,543.8), but lower compared to Australia (2,847.5).

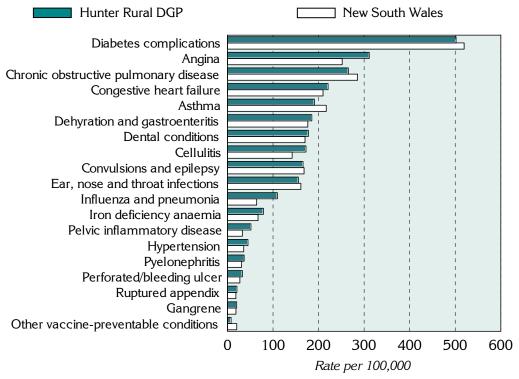
Diabetes complications, angina, chronic obstructive pulmonary disease, and congestive heart failure were the four conditions with the highest rates of avoidable hospitalisations in the Hunter Rural DGP (Figure 8, Table 7).

Table 7 shows the number, rate and proportion of avoidable hospitalisations, for the individual ACS conditions, as well as the vaccine-preventable; acute; and chronic sub-categories. Almost two-thirds of avoidable hospitalisations are attributable to chronic health conditions. The predominance of hospitalisations for chronic conditions in this period can be primarily attributed to the large number of admissions for diabetes complications. Dental conditions; and convulsions and epilepsy have the highest rates of avoidable hospitalisations for the acute conditions.

<sup>&</sup>lt;sup>2</sup> Rate is the indirectly age-standardised rate per 100,000 population

<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions

Figure 8: Avoidable hospitalisations<sup>1</sup> by condition, Hunter Rural DGP and New South Wales, 2001/02



<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions: excludes nutritional deficiencies as less than ten admissions

Table 7: Avoidable hospitalisations<sup>1</sup> by condition, Hunter Rural DGP, New South Wales and Australia, 2001/02

Sub-category/ condition	Hunter F	Rural DGP	New So	uth Wales	Austr	alia
	No.	Rate <sup>2</sup>	No.	Rate <sup>2</sup>	No.	Rate <sup>2</sup>
Vaccine-preventable	383	83.4	5,630	84.5	16,573	85.4
Influenza and pneumonia	339	73.2	4,280	64.1	13,021	67.1
Other vaccine preventable	44	10.2	1,350	20.4	3,552	18.3
Chronic <sup>3</sup>	6,171	1,266.9	106,803	1,587.0	352,545	1,816
Diabetes complications	2,152	442.4	34,975	519.5	141,345	728.1
Iron deficiency anaemia	313	65.4	4,494	67.0	16,451	84.7
Hypertension	64	13.2	2,398	35.7	6,354	32.7
Congestive heart failure	912	178.2	14,270	209.7	42,447	218.6
Angina	1,036	210.7	16,987	251.8	49,963	257.4
Chronic obstructive pulmonary disease	1,056	209.7	19,359	285.6	54,853	282.6
Asthma	638	147.3	14,289	216.8	41,009	211.3
Acute	3,219	730.0	62,543	946.0	200,913	1,035
Dehydration and gastroenteritis	507	111.3	11,725	176.4	37,766	194.5
Convulsions and epilepsy	545	125.6	11,093	168.1	31,137	160.4
Ear, nose and throat infections	367	85.9	10,615	161.1	32,075	165.2
Dental conditions	775	180.6	11,196	170.3	43,667	224.9
Perforated/bleeding ulcer	110	22.5	1,830	27.1	5,795	29.9
Ruptured appendix	64	14.9	1,212	18.5	3,866	19.9
Pyelonephritis	140	31.9	2,038	31.0	7,386	38.0
Pelvic inflammatory disease	119	28.8	2,134	32.7	6,547	33.7
Cellulitis	526	114.9	9,451	142.0	28,204	145.3
Gangrene	66	13.6	1,249	18.6	4,470	23.0
Total avoidable hospitalisations <sup>4</sup>	9,479	2,021.9	170,066	2,543.8	552,786	2,847.5

<sup>&</sup>lt;sup>1</sup> Admissions resulting from ACS conditions

<sup>&</sup>lt;sup>2</sup> Rate is the indirectly age-standardised rate per 100,000 population

<sup>&</sup>lt;sup>3</sup> Excludes nutritional deficiencies as less than ten admissions

<sup>&</sup>lt;sup>4</sup> Sub-category and condition numbers and rates do not add to the reported total avoidable admissions: five conditions (influenza & pneumonia, other vaccine preventable, diabetes complications, ruptured appendix and gangrene) are counted in 'any diagnosis', so may be included in more than one condition group

### Avoidable mortality

Avoidable and amenable mortality comprises those causes of death that are potentially avoidable at the present time, given available knowledge about social and economic policy impacts, health behaviours, and health care (the latter relating to the subset of amenable causes).

For information on the avoidable and amenable mortality conditions and ICD codes included in the analysis in this section, please refer to the *Australian and New Zealand Atlas of Avoidable Mortality*, available from <a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>.

Almost three quarters (71.5%) of all deaths in Hunter Rural DGP at ages 0 to 74 years over the period 1997 to 2001 are considered to be avoidable, consistent with the proportion for country New South Wales (71.6%) (Table 8). Similarly, deaths amenable to health care (amenable mortality, a subset of avoidable mortality) accounted for 28.3% of all deaths at ages 0 to 74 years in Hunter Rural DGP, the same as in country New South Wales.

Table 8: Avoidable and unavoidable mortality (0 to 74 years) by area, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category	Hunter Rural DGP		Country	NSW	New S Wal		Austr	Australia	
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	
Avoidable	2,471	232.6	29,442	234.3	66,151	213.6	189,845	211.8	
% of total	71.5	••	71.6		71.4	••	71.5	••	
(Amenable)	(980)	(90.6)	(11,638)	(91.2)	(26,374)	(85.0)	(76,249)	(85.1)	
(% of total)	(28.3)	()	(28.3)	()	(28.5)	()	(28.7)	()	
Unavoidable	987	91.6	11,700	92.1	26,468	85.3	75,582	84.3	
% of total	28.5		28.4		28.6	••	28.5		
Total mortality	3,458	324.3	41,142	326.4	92,619	299.0	265,427	296.1	
%	100.0		100.0		100.0		100.0		

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Rates of avoidable mortality were higher for males than for females in each of the comparator areas. Hunter Rural DGP's rate of avoidable mortality for males was 313.4 deaths per 100,000 males, more than twice the rate of 150.4 for females. Similarly, the rate of amenable mortality for males in the Division was higher, 105.8, compared to 74.58 for females, a rate ratio of 1.41 (Figure 9, Table 9).

Figure 9: Avoidable and amenable mortality by sex (0 to 74 years), Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

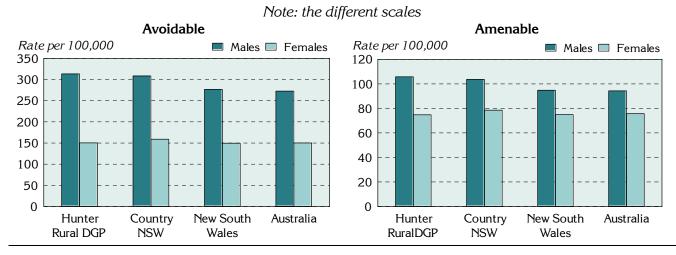


Table 9: Avoidable and amenable mortality (0 to 74 years) by sex, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category and sex	Hunter Rural DGP		Country	Country NSW		New South Wales		Australia	
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	
Avoidable									
Males	1,689	313.4	19,569	308.5	43,074	276.8	123,026	272.6	
Females	782	150.4	9,873	159.1	23,077	149.6	66,819	150.1	
Total	2,471	232.6	29,442	234.3	66,151	213.6	189,845	211.8	
Rate ratio-M:F <sup>2</sup>		2.08**	••	1.94**	••	1.85**		1.82**	
Amenable									
Males	589	105.8	6,743	103.6	14,811	94.8	42,568	94.3	
Females	391	74.8	4,895	78.6	11,562	74.9	33,681	75.7	
Total	980	90.6	11,638	91.2	26,374	85.0	76,249	85.1	
Rate ratio-M:F <sup>2</sup>		1.41**	••	1.32**	••	1.27**	••	1.25**	

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Another way of measuring premature mortality is to calculate the number of years of life lost (YLL)<sup>1</sup>, which takes into account the years a person could have expected to live at each age of death based on the average life expectancy at that age.

The numbers of YLL for Hunter Rural DGP, country New South Wales, New South Wales and Australia over the period of analysis are shown in Table 10 by mortality category. However, given the substantial variation in the populations of these areas, a comparison of the proportion of YLL for each area is also shown.

YLL from avoidable mortality accounted for 72.0% of total YLL (0 to 74 years) for Hunter Rural DGP, consistent with the 71.8% for country New South Wales. Similarly, the proportion of YLL from amenable mortality for Hunter Rural DGP (27.7%) was consistent with that for country New South Wales (27.6%).

Table 10: Years of life lost from avoidable mortality (0 to 74 years), Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category	Hunter Rural DGP		Country	Country NSW		New South Wales		Australia	
	No.	% of	No.	% of	No.	% of	No.	% of	
		total		total		total		total	
Avoidable	42,224	72.0	502,860	71.8	1,147,183	71.8	3,327,375	71.9	
(Amenable)	(16,219)	(27.7)	(192,960)	(27.6)	(444, 143)	(27.8)	(1,298,430)	(28.0)	
Unavoidable	16,381	28.0	197,182	28.2	451,496	28.2	1,303,289	28.1	
Total	58,605	100.0	700,042	100.0	1,598,679	100.0	4,630,664	100.0	

-

<sup>&</sup>lt;sup>2</sup> Rate ratio (M:F) is the ratio of male to female rates; rate ratios differing significantly from 1.0 are shown with p < 0.05; \*\* p < 0.01

<sup>&</sup>lt;sup>1</sup> Years of life lost were calculated using the remaining life expectancy method (this provides an estimate of the average time a person would have lived had he or she not died prematurely). The reference life table was the Coale and Demeny Model Life Table West level 26 female (for both males and females), with the YLL discounted to net present value at a rate of 3 per cent per year.

In each of the areas in Table 11, the majority of avoidable mortality at ages 0 to 74 years occurred in the 65 to 74 year age group (Table 11), with 1,403.6 deaths per 100,000 population in Hunter Rural Division. The 45 to 64 year age group accounted for the next highest rate of avoidable death in all of the comparators, with a rate 355.8 in Hunter Rural Division.

Table 11: Avoidable and amenable mortality by age, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Mortality category and age (years)	Hunter Rural DGP		Country	y NSW	New S Wa		Aust	ralia
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>
Avoidable								
0-14	61	29.4	738	29.0	1,836	27.5	5,669	28.8
15-24	73	65.0	938	62.6	2,241	50.9	7,045	52.8
25-44	270	101.0	3,317	99.6	8,119	82.9	24,356	83.9
45-64	851	355.8	9,755	343.5	22,358	311.1	64,282	304.9
65-74	1,216	1,403.6	14,694	1464.0	31,597	1,375.8	88,493	1,358.1
Total	2,471	232.6	29,442	234.3	66,151	213.6	189,845	211.8
Amenable								
0-24	49	14.6	645	15.5	1,658	14.8	5,083	15.4
25-44	70	25.5	784	23.0	1,878	19.2	5,946	20.5
45-64	347	145.2	4,060	142.9	9,444	131.4	27,464	130.3
65-74	514	594.6	6,148	613.7	13,394	582.9	37,756	579.4
Total	980	90.6	11,638	91.2	26,374	85.0	76,249	85.1

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Table 12 shows the number and age-standardised death rate by selected major condition group and selected causes included in the avoidable mortality classification.

The highest rates of avoidable mortality for the selected major condition groups in the Hunter Rural DGP were for cardiovascular diseases, with a rate of 81.2 deaths per 100,000 population, and cancer, 69.1 deaths per 100,000 population (Table 12, Figure 10). For the selected causes within the condition groups, the two major causes of avoidable mortality were ischaemic heart disease and lung cancer, with rates of 60.2 per 100,000 population and 24.3 per 100,000, respectively.

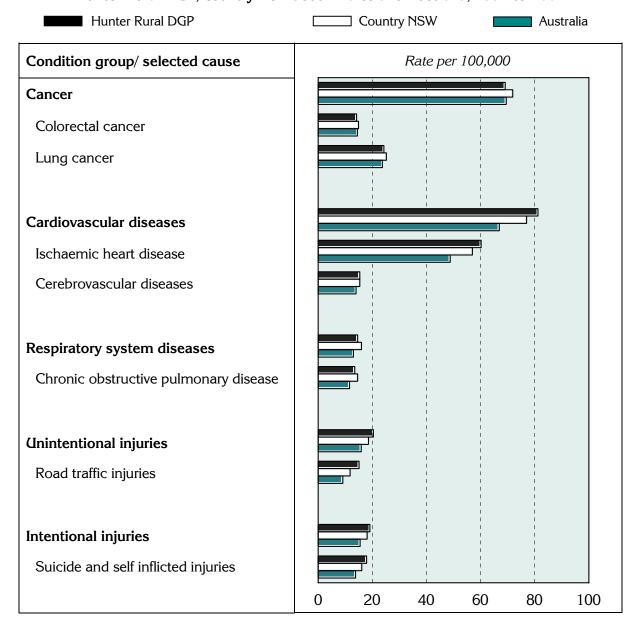
Table 12: Avoidable mortality (0 to 74 years) by major condition group and selected cause, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Condition group/ selected cause		Hunter Rural DGP		NSW	New S Wal		Austr	Australia	
	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	No.	Rate <sup>1</sup>	
Cancer	756	69.1	9,239	71.9	21,158	68.1	62,338	69.5	
Colorectal cancer	157	14.2	1,936	14.9	4,318	13.9	13,008	14.5	
Lung cancer	274	24.3	3,314	25.2	7,297	23.4	21,208	23.7	
Cardiovascular diseases	911	81.2	10,101	77.0	21,925	70.3	59,945	66.9	
Ischaemic heart disease	675	60.2	7,474	57.0	15,935	51.1	43,712	48.8	
Cerebrovascular diseases	173	15.4	2,015	15.4	4,656	14.9	12,558	14.0	
Respiratory system diseases	167	14.6	2,136	16.0	4,313	13.8	11,612	13.0	
Chronic obstructive pulmonary disease	157	13.5	1,966	14.6	3,882	12.4	10,395	11.6	
Unintentional injuries	179	20.4	2,027	18.6	4,540	15.0	14,224	15.9	
Road traffic injuries	132	15.1	1,279	11.8	2,528	8.4	8,138	9.1	
Intentional injuries	166	19.1	1,939	18.1	4,497	14.9	13,891	15.5	
Suicide and self inflicted injuries	156	17.9	1,730	16.1	3,941	13.0	12,393	13.8	

<sup>&</sup>lt;sup>1</sup> Rate is the indirectly age-standardised rate per 100,000 population

Rates in the Division were generally above, or at the same level as, those for Australia: however, for a number of the condition groups and selected causes, rates were below those in country New South Wales (Figure 10).

Figure 10: Avoidable mortality (0 to 74 years) by major condition group and selected cause, Hunter Rural DGP, country New South Wales and Australia, 1997 to 2001



### Notes on the data

### Data sources and limitations

#### General

References to 'country New South Wales' relate to New South Wales excluding the Sydney Statistical Division.

#### **Data sources**

Table 13 details the data sources for the material presented in this profile.

Table 13: Data sources

Section	Source			
Population				
Figures 1 and 2; Table 1	Estimated Resident Population, ABS, 30 June for the periods shown			
Figure 3	Estimated Resident Population, ABS, 30 June 2005; Population Projections, ABS, 30 June 2020 (unpublished) <sup>1</sup>			
Additional socio-demographic indicators				
Figure 4	ABS SEIFA package, Census 2001			
Table 2; Figure 5; Map 1	Jobless families, ABS, 2001 (unpublished)			
Table 2; Figure 5; Map 2	Private health insurance, from Hansard			
GP services – patient flow/ GP catchment				
Tables 3 and 4	Medicare Australia, 2003/04			
Additional prevalence estimates: chronic diseases and risk factors combined				
Figure 6; Table 5	Estimated from 2001 National Health Survey (NHS), ABS (unpublished)			
Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions				
Tables 6 and 7; Figures 7 and 8	National Hospital Morbidity Database at Australian Institute of Health & Welfare, 2001/02; data produced in HealthWIZ by Prometheus Information (not available n public release dataset)			
Avoidable mortality				
Tables 8, 9, 10, 11 and 12; Figures 9 and 10	ABS Deaths 1997-2001; data produced in HealthWIZ by Prometheus Information (not available in public release dataset)			

<sup>&</sup>lt;sup>1</sup> The projected population at June 2020 is based on the 2002 ERP. As such, it is somewhat dated, and does not take into account more recent demographic trends: it is however the only projection series available at the SLA level for the whole of Australia.

### Methods

For background information on the additional prevalence estimates presented in this profile, please refer to the 'Notes on the data' section of the *Population health profile*, November 2005 (www.publichealth.gov.au).

Please also refer to the November 2005 profile for information on the data converters.

### **Mapping**

In some Divisions the maps may include a very small part of an SLA which has not been allocated any population; or has a population of less than 100 or has less than 1% of the SLAs total population; or there were less than five cases (i.e. jobless families, people with health insurance): these areas are mapped with a pattern.

### Statistical geography of the Hunter Rural DGP

For information on the postcodes in the Division, please refer the Department of Health and Ageing website <a href="http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pcd-programs-divisions-divspc.htm">http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pcd-programs-divisions-divspc.htm</a>; also included in table format in the 'Notes on the data' section of the *Population health profile*, November 2005 (<a href="https://www.publichealth.gov.au">www.publichealth.gov.au</a>).

Statistical Local Areas (SLAs) are defined by the Australian Bureau of Statistics to produce areas for the presentation and analysis of data. In country New South Wales, SLAs are of the same size or smaller than local government areas (LGAs). In this Division, the very small (one per cent) part of Hastings LGA (Hastings - Part B) is the only SLA not equivalent to an LGA. Hastings - Part B and all or parts of the other SLAs that comprise the Division are shown in Table 14.

Table 14: SLAs and population in Hunter Rural DGP, 2005 on 2001 boundaries

SLA code	SLA name	Per cent of the SLA's population in the Division <sup>*</sup>	Estimate of the SLA's 2005 population in the Division
11720	Cessnock	86.3	41,877
11950	Coolah	2.6	101
12700	Dungog	81.8	6,907
13050	Gloucester	100.0	4,917
13350	Greater Taree	97.5	45,789
13400	Great Lakes	89.7	31,118
13754	Hastings - Part B	2.1	616
15050	Maitland	1.4	861
15250	Merriwa	94.6	2,209
15600	Murrurundi	100.0	2,106
15650	Muswellbrook	98.7	14,955
16400	Port Stephens	40.3	25,634
16800	Scone	100.0	9,888
17000	Singleton	93.9	20,914

<sup>\*</sup> Proportions are approximate and are known to be incorrect in some cases, due to errors in the concordance used to allocate CDs to form postal areas

## Acknowledgements

Funding for these profiles was provided by the Population Health Division of the Department of Health and Ageing (DoHA).

## Further developments and updates

When the re-aligned boundaries are released and DoHA have made known their geographic composition, PHIDU will examine the need to revise and re-publish these profiles (*Population health profile*, dated November 2005, and the *Population health profile*: supplement, dated March 2007).

### PHIDU contact details

For general comments, data issues or enquiries re information on the web site, please contact PHIDU:

Phone: 08-8303 6236 or e-mail: PHIDU@publichealth.gov.au